

Professional Disclosure Statement

Jyasmin S. King- Garner

Welcome! I would like to express my gratitude for allowing me the opportunity to support you during this time in your life. The purpose of this statement is to share essential details regarding my educational background, my preferred counseling approaches, your rights as a client, and contact information for my instructor and site supervisor.

Educational Background

I am currently a Master of Science in Clinical Mental Health Counseling student at Grand Canyon University. I have successfully completed the coursework and met all necessary qualifications to meet with clients as part of my clinical field study. As such, I am closely supervised and monitored by Licensed Practicing Counselors (LPC) Professionals here at Pathstones Counseling Center Site supervisor (Nina Williams) and an Institutional Instructor (Dr. Z. Ruthledge).

Counselor Identity, Philosophy and Theories

As a mental health professional, it is my belief that everyone deserves to receive empathic, compassionate, and competent care, regardless of race, creed, religious belief, gender, sexual identity or orientation, and socioeconomic status. The primary foundation of my therapeutic approach is a mix of Person Centered and Cognitive Behavioral Therapy. Each individual is capable of being their best and most authentic self, given the right motivation. The tools necessary to achieve this are already within us. Once we learn to manage the thoughts that can often lead us to unfavorable outcomes.

As a graduate student, It is my goal and responsibility to ensure that I am functioning using the highest standards of excellence, best practice standards, met legal and ethical requirements, and work to ensure that I am knowledgeable of all counseling theories, my own personal strengths and limitations, and maintain a working knowledge of qualified professionals for professional consultations and referrals as needed.

Confidentiality, Privacy, and Client Rights

As the client, you have the right to confidentiality and privacy. As such all communications and records are kept in a secure location and are protected. All records are the property of Pathstones Counseling Center. Adult records are discarded seven years after the termination of services. Records of minors are discarded seven years after the client's eighteenth (18) birthday. The limitations to this policy are as follows:

- Disclosure by the client they plan to cause harm to himself/herself, or someone else.
- Disclosure by the client that a child, elderly individual, an individual with a disability, or otherwise vulnerable individual are currently or potentially at risk of being harmed.
- Disclosure of sexual contact or/ and misconduct with or by a mental health professional.

- Court mandated order to disclose information (at which point only required and/or relevant information will be disclosed).
- A formal request by the client to review or disclose records or information
- In the case of a minor, the parents or legal guardians hold the right to request information regarding their child.

Clients have the right to receive competent and compassionate care from their service provider. Additionally, clients have the right to inquire about techniques or theories used during their treatment process. Clients also have the right to end the therapeutic alliance as they deem necessary. At which point they may be provided with the name(s) and contact information for another qualified professional.

Length of Session

Counseling session last 60 minutes. The absentee policy in place at Pathstones Counseling Center in Longview, TX will be upheld to as outline in the entrance documents. As the client, you are in complete control of your counseling experience. Therefore, you have the right and responsibility to establish and keep appointments. Please be reminded that Pathstones ask for a week's notice of an appointment cancellation.

Supervisor(s) Contact Information

- ❖ Nina Williams, LPC- Pathstones Counseling Center Site Supervisor
nina@bwilliamscounseling.com (903)-578-9299
- ❖ Dr. Zandra Rutledge, LPC-S- Grand Canyon University Field Study Instructor
Zandra.Rutledge@my.gcu.edu (972)-591-1518

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C l i e n t S i g n a t u r e a n d D a t e

X

J y a s m i n S . K i n g - G a r n e r
C o u n s e l o r i n T r a i n i n g a n d D a t e

X

N i n a W i l l i a m s , L P C
S i t e S u p e r v i s o r a n d D a t e